



Wellbeing Workshop

Designed to support businesses create a wellbeing strategy that works



Visit Our Website
adlerfairways.co.uk





Why do we run this workshops?

To help organisations build healthier, more resilient workplaces through innovative programmes and expert support.



To enable organisations to better understand their workforce and create an informed wellbeing strategy through data driven insights.



To create a culture of wellbeing throughout the organisation that employees truly value.



To educate employees on what is available and maximise engagement to ensure the business see a return on investment.



The Four Pillars of Wellbeing

Physical Wellbeing

Looking after the body



Mental Wellbeing

Looking after the mind

Financial Wellbeing

Looking after your finances



Workplace Wellbeing

The working environment and culture

All pillars of wellbeing impact each other

How we collaborate

We continue to work with you and your workforce to ensure you move through concept to delivery and evaluate its success.

Drawing on the expertise and experience of our teams and strength of our partnerships, we help you design and implement a wellbeing strategy that works. Your strategy will include workplace vision and goals, risks and challenges, and actions to mitigate them.

We assess and put a plan in place for initiatives that may take longer to implement / have an impact.



We work with you and your employees to build a wellbeing strategy for your organisation that delivers and is highly valued.

Together, we identify wellbeing areas that need to be prioritised to help you and the business gain some clarity on where you may need to invest.

We look at possible quick wins and simple wellbeing initiatives to implement.

What does it cost?

We run these sessions for free!

We appreciate and recognise that there is a cost associated with running the workshops (venue, allowing staff time to attend and the time of your management and leadership teams to support initiatives) – **We provide the expertise and collateral at no cost to your business to help and support you in these important first steps.**

- If we mitigate risks through insurance products or staff benefits – we will be paid a commission.
- If we provide staff with financial advice or personal protection, we will either be paid a commission or charge a fee.

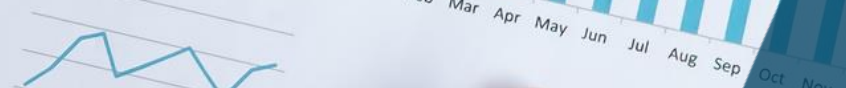
We believe that workplace wellbeing is attainable and within reach for all organisations and we provide the framework and expertise to empower businesses to achieve it.

Where the workforce may benefit from areas of advice and protection that fall outside of the employer's remit, we run surgeries where staff can access expertise in areas such as financial planning, mortgage advice, budgeting, savings & investments and protection of homes and assets.

These are linked to the life cycle of your workforce so not something you can particularly cater for other than enabling access.



Jan	56	12
Feb	85	6
Mar	132	6
Apr	145	8
May	94	7
Jun	112	9
Jul	132	10
Aug	152	12
Sep	124	15
Oct	98	10
Nov	143	12
Dec	156	18



Our approach

The 5 E's to employee wellbeing



Establish

What do you want to achieve / your goals and aspirations?



Engage

How are you engaging your people on the journey?
(managers, business leaders, employees)



Evaluate

What data have you collected & how are you using it to design your strategy?



Embed

What individual wellbeing models, effective leadership & culture training are you doing?



Educate

How can we support your business to take this to your teams?

A bit about us





Steve Hope
Health & Wellbeing Director

With almost two decades of experience working in the employee benefits, health & protection insurance industry, Steve has extensive knowledge of the market and a passion for providing a professional yet personalised service. Delivering advice that makes a difference, uniquely tailored to customers' specific needs.



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James Curnin
Private Client Insurance

Specialising in high net worth insurance products including high-value homes, jewellery, fine art & antiques. James can also arrange cover for holiday homes including overseas property, high performance & classic vehicles, boats and travel. He has been helping clients in this area for the past 10 years!



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Why invest in health and wellbeing?



Be an employer of choice - businesses that demonstrate their commitment to employee wellbeing attract and retain top talent and gain employee advocacy.



Support your people to be the best they can be through an holistic approach to wellbeing and have a healthier, happier and more motivated workforce.



Engagement and productivity go hand in hand - the right wellbeing strategy will engage your workforce, leading to higher levels of performance



Reduce sickness absence related costs.





Thank You



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